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## Headingley and All Hallows Team Ministry News

Representing St Michael's, St Chad's & All Hallows



50p

September 22 Edition



Photo: Christians at Leeds Pride, 7<sup>th</sup> August 2022

[www.stchads.co.uk](http://www.stchads.co.uk) [www.st-michaels-headingley.org.uk](http://www.st-michaels-headingley.org.uk) [www.allhallowsleeds.org](http://www.allhallowsleeds.org)

## Headingley and All Hallows Team Ministry

### Team Rector and Vicar of St Chad's

Rev'd Hannah Lievesley – 0113 2103497

**Curate, St Chad's** Rev'd Jo Glenwright - 07502 579658

### Team Vicar and Vicar of St Michael's

Rev'd Dr Angela Birkin – 07506 056185

### Team Vicar and Vicar of All Hallows

Rev'd Heston Groenewald – 07595 261389

### Team Curate

Rev'd Joshua Peckett – 07869 162110

## St Chad's Who's Who

### Churchwardens

Helen Cruickshank – 0113 274 1430

Alison Gallant - 07947 636251

### Parish Administrator—Christine Khullar

0113 2744322 Email: office@stchads.co.uk

Opening Times: 9am – 12 noon, Mon, Tues, Thurs & Fri

### Secretary to the Parochial Church Council

Helen Steele – 07816 755165

**Organist and Choirmaster—Richard Wilson – 0113 266 2823**

**Parish Centre Caretaker—John Bremner—07835 096428**

## St Michael's Who's Who

### Churchwardens

Ann Dudzinski – 07763 305866

### Secretary to the Parochial Church Council

Katie Robinson

**Honorary Treasurer—Janet Lewis – 0113 275 1939**

**Director of Music—David Walls**

## All Hallows Who's Who

### Rainbow Junktion Managers

Emily Carrigan & Wren Boon—07421 455346

## St Chad's Church Diary – September 2022

To be added to our email circulation list for updates please send a request to [office@stchads.co.uk](mailto:office@stchads.co.uk)

Date	Time	Services & Events
Thurs 1 <sup>st</sup> September	10.30am	Book of Common Prayer (BCP) Holy Communion
Sunday 4 <sup>th</sup> September	8am 9.30am 6.30pm	Book of Common Prayer (BCP) Holy Communion Parish Communion – with children's groups Evensong
Thurs 8 <sup>th</sup> September	10.30am	Book of Common Prayer (BCP) Holy Communion
Fri 9 <sup>th</sup> September	7.30-9pm	Youth Group – Meets in the Parish Centre
Sunday 11 <sup>th</sup> September	8am 9.30am 6.30pm	Book of Common Prayer (BCP) Holy Communion <b>HARVEST THANKSGIVING</b> - All-age service - perfect for the whole family Evensong
Wed 14 <sup>th</sup> September	12-1.30pm	Lunch Club re-starts in the Parish Centre Meeting Hall
Thu 15 <sup>th</sup> September	10.30am	Book of Common Prayer (BCP) Holy Communion
Fri 16 <sup>th</sup> September	7.30-9pm	Youth Group – Meets in the Parish Centre
Sun 18 <sup>th</sup> Sept – Back to Church Sunday	8am 9.30am 6.30pm	Book of Common Prayer (BCP) Holy Communion <b>BACK TO CHURCH SUNDAY</b> - Parish Communion – with children's groups Evensong
Wed 21 <sup>st</sup> September	12-1.30pm	Lunch Club in the Parish Centre Meeting Hall
Thu 22 <sup>nd</sup> September	10.30am	Book of Common Prayer (BCP) Holy Communion
Fri 23 <sup>rd</sup> September	7.30-9pm	Youth Group – Meets in the Parish Centre
Sunday 25 <sup>th</sup> September	8am <u>10am</u> 6.30pm	Book of Common Prayer (BCP) Holy Communion <b>NB. No service at St Chad's – Please join us at St Michael's for their Patronal Festival</b> Evensong
Wed 28 <sup>th</sup> September	12-1.30pm	Lunch Club in the Parish Centre Meeting Hall
Thu 29 <sup>th</sup> September	10.30am	Book of Common Prayer (BCP) Holy Communion
Fri 30 <sup>th</sup> September	7.30-9pm	Youth Group – Meets in the Parish Centre

## St Michael and All Angels'

### Services September 2022

Date	Time	Services
4 <sup>th</sup> September The Twelfth Sunday After Trinity	10.00am 6.30pm	Parish Eucharist for Creation Season Evensong with Prayer for Healing
11 <sup>th</sup> September The Thirteenth Sunday After Trinity	10.00am 6.30pm	All Age Eucharist for Creation Season Evensong
18 <sup>th</sup> September The Fourteenth Sunday after Trinity	10.00am 6.30pm	Parish Eucharist for the Environment Evensong
25 <sup>th</sup> September St Michael and All Angels'	10.00am 6.30pm	Patronal Festival Eucharist Choral Compline
2 <sup>nd</sup> October Harvest Festival	10.00am 6.30pm	Harvest Festival and All Age Eucharist Evensong with Healing Prayer
Tuesdays in September 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup>	8pm	Compline No Compline on Tuesday 6 <sup>th</sup> September
Wednesdays in September 7 <sup>th</sup> , 14 <sup>th</sup> , 21 <sup>st</sup> , 28 <sup>th</sup>	10.30am	Holy Communion (said) in the Lady Chapel



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## Pride and Joy

Summer is always a time for celebrating. This year it was a delight to see the return of



Leeds Pride in all its glory, after the restrictions imposed by the pandemic cancelled previous events. Pride is a celebration of people coming together in friendship and love, to raise visibility and show how far LGBTQ+ rights have come, and to protest about how much work still needs to be done in many places. It is dedicated to celebrating LGBTQ+ communities around the world.

Generally, Pride is celebrated in the month of June ('Pride month') as that was the month of the famous 1969 Stonewall riots in the USA. These protests were a significant moment that changed gay rights for a lot of people around the world. In Leeds, Pride is normally held on the first weekend in August and there is no shortage of enthusiasm from the thousands who turn out in support. Joining in this year were 'Christians at Pride', adding our own banners and clerical collars, smiles and hope and joy to the parade. And it was great to see folks from all three churches in our Team there.

There have been few times where I have seen such diversity of humanity on display and celebrating together. As the parade moved through the streets, the most striking thing was the joy among both the marchers and the crowds – joy in celebrating the gift and wonder of such diverse people. Joy is a profound thing. A force to animate and nourish us, it adds colour to life. More lasting than happiness, it cannot be faked. Life truly lives when it is filled with joy, and is stifled when fear or shame oppress it.



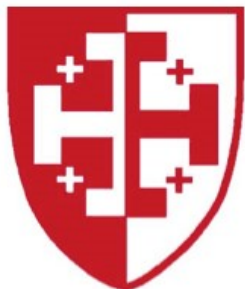
For those of us who profess Christian faith, we should remember that the life of God is joy, constantly wishing to share itself with others and see them come alive. If we believe we share in that life with God, joy will be a much-desired characteristic of our lives and communities which we will seek to cultivate. And we will strive against the structures and brokenness that diminish joy by keeping us apart from our fellow human beings and apart from God.

So, I wonder, where do you see joy? Where would you like to see it grow?

I pray that we may all be filled with the joy of God this coming month, and share that joy with others.

**Rev Josh Peckett**

## St Chad's Church Heritage Open Days



Come and explore the nooks and crannies of this Grade II\* listed Gothic revival style building and be astonished at what it has to offer. The church received a commendation in the Leeds Architects Awards in 2012 and has been awarded Eco Congregation status. From its spectacular East window to its Harrison organ come and marvel within this wonderful space. Organ recitals will take place on each open day between 2.45pm and 3.15pm, there will be various exhibits as well as activities for children. Refreshments will be available, and we have disabled access.

Open days are Saturday 10th & Sunday 11th September – times 2pm to 4pm each day.

**We look forward to welcoming you.**



St Michael &  
All Angels'  
Charity of  
the Season

### **St Michael's and All Angels' charity of the season for August and September**

Hollybush in Kirkstall is an environmental volunteering centre that has been running for over 40 years. Hollybush volunteers help to manage green spaces across Leeds and beyond, and they welcome people of all backgrounds and experience as volunteers.

Please donate in St Michael's or online at [www.tcv.org.uk/hollybush](http://www.tcv.org.uk/hollybush)

Thank you.

**Many thanks Revd Angela Birkin**

## BAPTISMS, WEDDINGS AND FUNERALS

### **Funerals**

*'May they rest in peace and rise in glory.'*

17 August - John Facer - Aged 96-St Chad's

22 August - Freda Hyde - Aged 95 -St Chad's

### **Interments**

31 July - Christopher RJ Milestone - Aged 76 – St Chad's

### **Baptisms**

*'In baptism, God calls us out of darkness into his marvellous light.'*

17 July - Briar Swales-Hinchliffe - St Michael and All Angels'

24 July - Theodore Grimes - St Michael and All Angels'

24 July - Dylan & Amelie Chana – St Chad's

### **Thanksgiving for a child**

26 June - Kalvinder Philip & Kai Harbans - sons of Nirpal & Emma-Jane Ghataurhae

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10th September,  
7.30pm

## Ordinations

On 25<sup>th</sup> June, our two curates, Josh and Jo, were ordained Priests at a wonderful service in Leeds Minster. Especially for those who couldn't be there on the day, here's a photo of them after the service with Bishop Nick and extracts from their 'introductions' in the Order of Service.



Rev Josh Peckett: I'm very glad to have been serving my diaconal year in The Headingley and all Hallows Team, as we emerge out of pandemic, rebuild, and look for new possibilities. There's no shortage of joy and enthusiasm in these communities and it's been fun to join in their life and ministries. And now that priesting has come, it also feels particularly significant for me that the service is being held in Leeds Minster, as this is my home city. I am thankful for the welcome, support and encouragement I have received from both the clergy and the congregations and look forward to continuing to serve here over the next couple of years.

Rev Jo Glenwright: One day I was cycling into work at Quarry House, the big building just opposite the bus station. I was about to hand my notice in to start training for ordination and thinking about the enormity of it all. As I cycled, I prayed for some encouragement. I cycled down by the bus station, expecting to go straight ahead to the office. However, I was met by a ROAD CLOSED sign, and DIVERSION with the arrow directing me to Leeds Minster! I took that as the encouragement I needed! So, to be ordained Priest here, feels like poetic fulfilment of all God has led me through and to.

The last year has been especially formational and my walk with Jesus has gone deeper than I knew it could. I know I am called to serve others out of this relationship, in Word and Sacrament, and journey with them as they discover God's deep love for them too. I am thankful to all who have supported and guided me along the way, and I am looking forward to getting to know the people of St Chad's these next couple of years.

## Diary of a church Dog

Mumma was telling me recently about the railway cottages on Kirkstall Lane and how when she was a child, she remembers one garden in particular that had ornaments in the garden and one wall plaque in particular with the Kipling quote:

*Oh, Adam was a gardener, and God who made him sees  
That half a proper gardener's work is done upon his knees.*

Although that is the correct quote the one upon the plaque actually read:

*Oh, Adam was a gardener and the Lord who made him sees  
That the better part of garden work is done upon your knees.*

I suppose it was a deliberate misquote to be more garden centric or probably just a 1970's commercial thing! Who knows? The sentiment though is the same it is about finding God in the everyday joy of gardening or simply just finding God in the everyday. Sometimes when mumma is in her garden and pottering about she will often sing to herself (whilst I run around barking at aeroplanes and birds, for some reason I don't seem to like flying things!!) She was once singing hymns so loudly that the neighbour commented that it must have been an uplifting service that particular Sunday to leave her so imbued with the sense of joy that the particular hymn brought. It all makes me think that finding joy in the small things is an art that people do seem to be in the process of unlearning in a world where only big and grand seem to matter. I would advocate that finding joy in the 'small' is a worthwhile endeavour be it a hymn, a rose bush or hedge in bloom, a jigsaw completed or any number of personal small achievements like remembering what you came into a room for! The bin men taking all the rubbish! A hand written envelope arriving in the mail! A pound coin found down the sofa or a chocolate bar found at the back of the cupboard that is still in date!! Enjoy and celebrate them all. So, to end I use that well known quote much used on coasters, wall art and internet memes;

**DANCE** like no one is watching.

**LOVE** like you have never been hurt.

**SING** like no one is listening and

**LIVE** like it's heaven on earth

**Much love TJ**



*Excerpt from 'Jesus Christ is Waiting' by John Bell & Graham Maule © 1988  
Iona Community*

***So proclaim it in the high rise,  
in the hostel let it ring,  
make it known in Cardboard City,  
let the homeless rise and sing:  
'He is Lord of life abundant,  
and he changes everything.'***

*Excerpt from 'From the Very Depths of Darkness' by Michael Forster © 1992  
Kevin Mayhew Ltd.*

**Nigel Greenwood (St. Chad's)**

## How to Contribute

**By Cheques** - Anyone wishing to send a cheque to their church office can still do so, made payable to the relevant church, in our case "St Chad's PCC" or "St Michael's Headingley PCC".

**Instant Transfer** - Use of bank transfer or "faster payment" on internet banking would make the funds arrive within 24 hours.

### Bank Details:

St Chads PCC Sort code: 60-12-39 Acc number: 8675 8799

St Michaels Headingley PCC – Sort code: 05-00-75 - Acc number: 1171 8829

**Online** - Please go to [www.stchads.co.uk](http://www.stchads.co.uk) and look for the "Golden Giving Donate Now" button at the bottom



[www.st-michaels-headingley.org.uk](http://www.st-michaels-headingley.org.uk) and click on the JustGiving link account

**By Text** - Text STCHAD 5 to 70490 to donate £5 – If you wish to donate more replace 5 with any whole number between 1 and 20

If you wish to donate specifically for the Parish Centre - Please put a message in the box saying Parish Centre. The text cost will be the value donated plus a standard text fee

## My Favourite Hymn: “Jesus Christ is waiting”

Some of my favourite hymns come from my time running the One City Project for Faith in Leeds and my passion for social justice. They tend not to be in the usual hymn books, and include the aspirational, alternative words to ‘I vow to build a country’ by Billy Bragg (which can be found on the internet). However, I’m writing about a powerful hymn from the Iona Community which takes us on a journey with Jesus Christ through the streets, where he is waiting, raging, healing, dancing and calling. The words draw us into situations and encounters with folk who are lonely and isolated - as our Saviour identifies with their vulnerability and needs.

Through the five verses, Jesus journeys alongside them offering the guidance and support which we as Christians are called to provide as we seek to live the Gospel day by day. His illuminating presence is reinforced in words from a hymn by Michael Forster ‘From the very depths of darkness springs a bright and living light’ reminding us that we have a Gospel to proclaim in practical ways.

Folk who participated in our ‘Walks of Awareness’ and ‘Retreats on the Streets’ will remember the reality of homelessness in our City of Leeds but also how it is also a ‘City of Hope’ through the many voluntary and faith-based organisations reflecting Christ’s unconditional love for all his people. When the International Congress ‘Jesus in the City’ was held in Leeds several years ago, in words from a more traditional hymn we all had a welcome opportunity to share how ‘God is working his purpose out’ in our great city.

*Jesus Christ is healing,  
healing in the streets;  
curing those who suffer,  
touching those he greets.  
  
Listen, Lord Jesus,  
I have pity too;  
let my care be active,  
healing just like you.*

## Tribute to Rita Smullen (14<sup>th</sup> July 1931 to 15<sup>th</sup> May 2022)

Rita Tang Chi-King, later known as Rita Smullen, was born in Hong Kong on July 14<sup>th</sup> 1931. Rita’s father married 3 times - Rita was a child of her father’s second wife and in all she had 14 siblings. Rita went to school in Hong Kong, then graduated from Taiwan University, and spent most of her working career as a primary school teacher.

Rita married her first husband around 1963, but sadly he died after just a few years, and she then decided to come to England and start a new life. A brave and bold thing to do I think you will agree! Rita opened a Chinese restaurant near London with one of her older sisters. It was there that she made the acquaintance of Ivor Smullen. Ivor forgot his wallet and couldn’t pay his bill and Rita told him to pay her back the next time he came to the restaurant, which was very trusting of her!



Rita’s kindness and generosity resulted in she and Ivor eventually marrying in 1967. Rita and Ivor had no children of their own, but in 1970 they travelled to Hong Kong where they stayed for 2 years, and during that time they adopted Kin, the daughter of Rita’s elder full sister – they had the same mother.

In 1972 Rita and Ivor returned to England with Kin and settled here in Leeds in Moortown. Rita worked for a while as a bookkeeper before leaving paid work to be a housewife. In time Ivor bought a house in Headingley, and as an adult Kin moved to Germany.



Sadly in 2006 Ivor passed away. Rita remained in their home until 2016 when coping with the house became too much for her despite the support given to her by her close friend Christina Cambridge. Rita sold her house and bought her retirement home in Orchard Court in Far Headingley.

It was after Ivor's death that Rita began to attend St Michael and All Angels', and she was baptised in St Michael's on December 21<sup>st</sup> 2010 by Revd David Peat. While her health allowed Rita was a faithful member of our congregation both on Sunday morning and at our midweek service on a Wednesday morning. Rita was kind and generous and is remembered by her friends here as a lovely lady. Rita would sing and speak the service in her mother-tongue of Cantonese which was always lovely to hear. People here at St Michael's have enjoyed sharing stories and photographs of Rita with each other in the past couple of weeks. We miss her.

Rita became unwell and was taken into hospital in June 2020 during the height of the Covid-19 pandemic when visiting was very difficult if not impossible. She moved to a care home in Farsley in August 2021 and died on May 15<sup>th</sup> this year.

Rita loved to travel and visited her daughter Kin in Germany very often. She also loved cooking, meeting friends, afternoon tea in the Queen's Hotel, shopping, and a glass of brandy now and again. I was fortunate to know Rita and I experienced her generosity as I enjoyed a Chinese meal hosted and paid for by Rita as part of a group which included our verger Janet Lewis and our former vicar Revd Tony Whatmough.

Rita lived a long and full life. She was 90 years old when she died. It was a privilege to officiate at her funeral in St Michael's on June 17<sup>th</sup>. May she rest in peace and rise in glory.

***Revd Dr Angela Birkin.***



Positive Action for Refugees & Asylum Seekers

Positive Action for Refugees and Asylum Seekers  
PAFRAS gives refugees and asylum seekers food parcels, case advice, mental health advice and a friendly welcome. St Chads helps by donating food and toiletries. These go to people who are often destitute, as they are not allowed to work, and their cases may drag on unresolved for months and even years. Could you bring tinned and packaged food (e.g., sardines, pulses, tea) and toiletries (e.g., toothpaste, sanitary towels, nappies) when you come to church? Put your donations in the boxes in the church porch, and a rota of volunteers will take them to PAFRAS.

***Thank you so much.***



All Hallows are live in church and online.  
Taking turns among the congregation to help  
lead the service. Join us....

**10.30am Eucharist**  
Sundays on **Facebook Live**  
**@allhallows.leeds**



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# Mothers' UNION

Christian care for families

Mothers' Union has a busy month in September:

**Tuesday 6th September at 7.30** Knit and Natter in  
parish centre bar area

**Thursday 8th September 2pm** a Jubilee quiz and get together  
in parish centre

**Tuesday 20th September 7.30** an evening  
meeting Jane McHale is coming to talk to us  
about the work of Eckersley House

We would like to give a donation of goods  
that they can be use at Eckersley House The  
following items have been asked for large  
black bags, boxes of tissues, toilet rolls,  
kitchen rolls, swing-bin liners this is a  
practical way in which we can help



**All Welcome**

For further details please contact Elizabeth Branch Leader

***Elizabetheden9@gmail.com - 01132787990***



## A Welsh Pilgrimage

So what makes a pilgrimage special? It is a journey with a focus on prayer and coming closer to God. Many things that we can do can bring us closer to God, but we all know that feeling of distraction when we try to pray!

When I worked with the Little Sisters of the Poor in Headingley, one of the sayings that has stuck with me is "vaster far than any ocean, deeper than the deepest sea, is the love of Christ my Saviour reaching out to you and me". I am reminded that it is easy to pray in nature, particularly in places where others have felt close to God.



When I drive to North Wales, I often stop at Holywell. Often referred to as "the Lourdes of Wales", it has a (very cold!) spring where pilgrims are invited to bathe and pray. It is considered holy because of the colourful and curious legend that says St Winefride, pursued by the wicked Caradoc, decided she would rather lose her head than submit to an authority other than Christ. Miraculously, where her head fell, it was restored by St Beuno and the spring came up. Healing waters feature in Scripture where we are given the image of a spring "welling up to eternal life" (John 4:12) or the living water given to the Samaritan woman. Sometimes on a pilgrimage it is also the point that we do something challenging. Holywell's water feels cold enough on a summer's day, and certainly in winter it is not for the fainthearted! Yet submerging yourself in the cold waters and praying for healing for yourself and others is a very powerful thing to do.

The conference provided tips and ideas:

- To develop a management plan.
- To manage different lengths of grass and develop wildflower meadows.
- For interpretation and communication.
- To involve the congregation in recording wildlife sightings.
- For recording species using i-Naturalist (<https://uk.inaturalist.org>) and the National Biodiversity Network (<https://nbn.org.uk>).
- For investigating and recording memorials.

At St Chad's the churchyard extends to some 2½ acres. Before the church was built in 1868 the land was part of the hay meadows of Ivy House Farm, the farmhouse of which was on what is now the Parish Centre car park. For nearly 20 years the Green Team has led the management of this large area of unimproved grassland for wildlife, always bearing in mind that burials are still taking place. There are work parties on the mornings of the 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month (weather permitting). If you would like to help with this work please have a word with Helen Cruickshank, one of our Churchwardens, either after the 9.30am Sunday service or by telephone (0113 274 1430).

**Mike Willison**

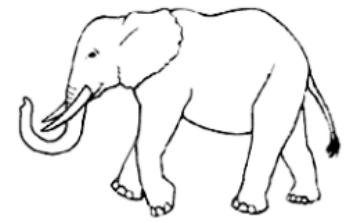
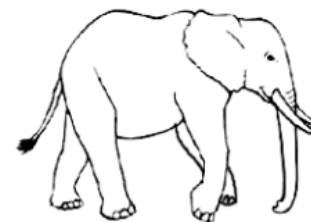


## Word-finder

How many words can you make from the letters in

**elephant ?**

18 words - good  
28 words - very good  
38 words - fantastic!





## Churchyards and Burial Grounds

Back in March I attended the Beautiful Burial Grounds conference held on-line

and hosted by Caring for God's Acre (CfGA). CfGA, established as a national charity in 2000, promotes the conservation of burial sites and supports the volunteers who look after and maintain them. The conference was the culmination of a 3-year project, funded by the National Lottery Heritage Fund, which aims to put burial grounds on the map by revealing their hidden heritage and importance to biodiversity.

We learned that churchyards and burial grounds:

- In England and Wales number around 20,000, covering an area equivalent to the Isle of Wight or the Exmoor National Park. They range from small rural medieval churchyards to large Victorian city cemeteries that span different cultures, religions and centuries.
- Are special places for nature and cultural heritage, sanctuaries of peace for prayer and quiet reflection, providing a space to engage a whole range of people from the local community where one can sit and ponder the big questions of life. Set apart for centuries, they offer also much-needed refuge for our native wildlife – plants, mammals, invertebrates, reptiles. They provide opportunities to look and observe without embarrassment.
- Have not been affected by the changes in agricultural practices and provide a rich biodiversity of unimproved grassland and are often the last remaining places of this type of habitat.
- Contain the oldest trees like ancient yews.
- Can be important seed sources.

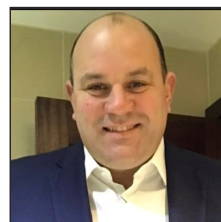
I have often gone away from Holywell and continued to pray for those with whom I have shared that spring- cancer sufferers, women praying for a baby, or praying for healing of a relationship.

After Holywell, it is only a short drive to Llandudno, where the holy bishop, St Tudno, prayed on the mountain that is known today as the Great Orme. Whenever I read from Psalm 121 "I lift my eyes to the hills, from where does my help come?" I am reminded of Elijah and Eli-sha, and their time with God on the holy mountain Mount Carmel. St Tudno's church is a tiny church on the side of the Great Orme, and many climb the mountain as a place free from distractions to be close to God.



For me, these places are about space and time to be with God and have time to pray without the constant need to be somewhere else. It is also about having space to see what God may be saying into a particular situation. At a time when travel can be a bit challenging it can be good to spend time in holy places not far from us.

***By Katharine Salmon LLM***



### **This Month's Editorial Team**

*Editor Andy Freeth, supported by Hannah Lievesley and Angela Birkin*



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By Malcolm Heath  
St Michael's

### **'All people that on earth do dwell...'**

William Kethe was a Scot, an Anglican, and a Protestant. Queen Mary, however, was not a Protestant. When she came to the throne in 1553 she was determined to reverse the Reformation—putting religious dissenters at acute risk of execution or of being burned at the stake. Prudent dissenters took refuge on the continent.

The projects the refugees worked on included a plan to produce a complete set of metrical psalms for congregational use. Kethe wrote and composed 25 of the 150 psalms. You will probably recognise this one, which is his best:

*All people that on earth do dwell,  
Sing to the Lord with cheerful voice.  
Him serve with fear, His praise forth tell;  
Come ye before Him and rejoice.*

This hymn—or, more accurately, this metrical psalm begins with God's invitation to all the people of the world. We are invited to sing to God with *cheer*; to serve God with *fear* (which, in context and in the language of the sixteenth century, suggests reverence and awe, not terror); to proclaim God's *praise*; and to *rejoice* in God's goodness. So the first stanza is an invitation and a celebration.

*The Lord, ye know, is God indeed;  
Without our aid He did us make;  
We are His folk, He doth us feed,  
And for His sheep He doth us take.*

The second stanza reminds us of what we ought to know already: that the Lord in the first stanza is also truly *God*. We are not self-made: God alone has made us. And, like a good shepherd feeding and tending his sheep, God sustains and protects us.

*O enter then His gates with praise;  
Approach with joy His courts unto;  
Praise, laud, and bless His name always,  
For it is seemly so to do.*

This third stanza looks back to the joyful praise of the first, but takes a further step: we are granted the privilege of free admission to God's gated courtyards. It is therefore appropriate ('seemly') that we respond to God's invitation with praise and blessings.

*For why? The Lord our God is good;  
His mercy is for ever sure;  
His truth at all times firmly stood,  
And shall from age to age endure.*

And why should that be so? Because God is good. Because God's mercy never fails. Because God's truth has always been, and will forever be, secure. And therefore:

*To Father, Son and Holy Ghost,  
The God whom Heaven and earth adore,  
From men and from the angel host  
Be praise and glory evermore.*