

Thought for the day 28th May 2020 from Alan Griggs

Bible Readings: Numbers 24; Luke 8:26-39;

There are some people who have exaggerated idea of their own importance; they can be rude and arrogant - perhaps you know people like that; (and sometimes we can see them by looking in a mirror!). But there are others who have a poor self-image, and think they are not worth much.

When Jesus was asked 'What is the most important commandment?'

He replied: 'You shall love the Lord your God with all your heart and soul and mind and strength, and your neighbour as yourself.'

But how can we love our neighbour if we don't truly love ourselves?

We usually think of the need for humility and taking the lowest seat.

But sometimes, if we have too low an opinion of ourselves, we may need to be reminded that we are children of God, who can be filled with His Holy Spirit, and co-workers with Him.

This is what Nelson Mandela wrote:

Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness, that frightens us.

We ask ourselves, who am I to be so brilliant, gorgeous, talented and fabulous?

Actually, who are you not to be?

You're a child of God.

Your playing small doesn't serve the world.

There's nothing enlightened about shrinking so that other people won't feel secure around you.

We are born to make manifest the glory of God that is within us.

It's not just in some of us.

It's in everyone.

And as we let our own light shine,

We unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others.